

# **Orientation Booklet**

**Florida RSC Weekend**

**(Regional Service Committee)**

## **Introduction to Florida Regional Service:**

### **Purpose:**

The purpose of region service is to support the Areas and Groups in their primary purpose, by connecting them together through our Region. Regional services assist Areas and Groups with issues and topics of interest to their areas and encourage the growth of the Fellowship through Area support, Group meetings, project driven workgroups, and consensus-based decision making.

### **Vision Statement:**

To better serve Areas and their members (groups and individual addicts) to allow more widespread participation by more individual members and to better utilize the available human resources.

### **Definition:**

Regional Service Committee is a committee made up of RCMs from Areas apart of the Florida Region. This service committee is designed to provide service to its members and areas. An ASC and RSC are similar in nature and purpose, but their functions are slightly different. While an ASC serves the common needs of its groups and individuals, the RSC serves 3 basic functions:

1. The primary function of the RSC is to unify the Areas within the Region
2. The secondary function of the RSC is to carry the message of recovery through the actions of the Fellowship and Development group and its defined workgroups.
3. The third function of the RSC is to contribute to the growth of NA both by providing input (Experience, Strength, and Hope) for much of the work to be finalized and the World Service Conference and by helping our World Service.

## RSC Weekend Schedule:

The RSC weekend conferences are held on the 3<sup>rd</sup> Sunday of the following months: January, March\*, May, July, September, and November each year.

\*March RSC is subject to change based on the dates for the Florida Service Symposium and the GSR Assembly.\*

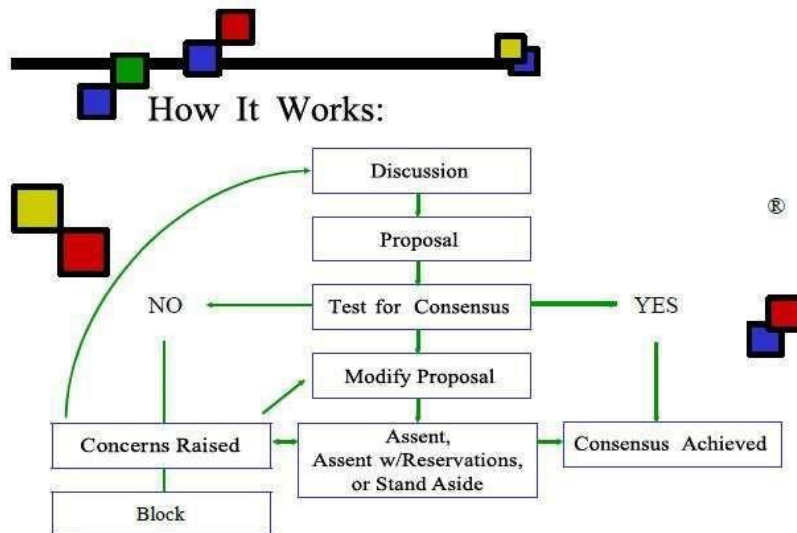
The following committees and groups may meet during Fellowship Development as needed:

**10am-4pm:** FRC (FRCNA Board Meeting) and HRP Meeting and interviews of potential trusted servants, and individual workgroup meetings.

<b>REGIONAL WEEKEND SCHEDULE</b>	
<b>Friday - Welcome</b>	
9pm – 11pm	<b>Recovery Meeting</b> (optional)
<b>Saturday - Recovery Meeting</b>	
7am – 8am	<b>Recovery Meeting</b> (optional)
<b>Saturday - Fellowship Development</b>	
<i>The agenda may be modified as needed. All elected RSC Trusted Servants and RCMs should be present at 9am.</i>	
9am – 12:30pm	<p><b>Orientation:</b> Introductions of region trusted servants, introductions of new RCMs attending their first Region. Explanation of how the day will go and what information will be covered.</p> <p><b>Area Support:</b> Areas can bring things of concern from their area for experience strength and hope of surrounding Areas and other members. Ideas for workgroup projects might be developed during area support as well.</p>
12:30pm – 2pm	<b>Lunch on own</b>
2pm – 4pm	<p><b>Fellowship Development:</b> Ideas for workgroup projects (from area support or previous fellowship development meetings), presentation of findings from previous workgroup projects, discuss prioritization of workgroup ideas</p>

4pm – 5pm	<b>Guide to Florida Regional Service Meeting:</b> ALL RCMs should attend, this is where we discuss, present, modify proposals that will be presented during the business portion of the weekend on Sunday. <b>***ALL proposals must be submitted NO LATER than 15 minutes prior to the Guide meeting or it will be tabled until the next RSC Guide meeting***</b>
5:30pm – 8:30pm	<b>Dinner on own</b>
8:30pm – 9:30pm	<b>Recovery Meeting</b>
9:30pm – 12am	<b>Activity / Event TBD</b>
<b>Sunday - Recovery Meeting</b>	
7am – 8am	<b>Recovery Meeting (optional)</b>
<b>Sunday - Florida Regional Service Conference</b>	
9am – **	<b>Florida Regional Service Conference</b> **End time is at the discretion of the Facilitator

# Consensus Based Decision Making



**Discussion of the item:** Discussion takes place here as well as in your home groups or over coffee. The item is discussed with the goal of identifying opinions and information on the topic at hand. The general direction of the group and potential proposals for action are often identified during the discussion.

**Formation of a proposal:** Based on the discussion, a formal decision proposal on the issue is presented to the group. It should be written down and projected so we're clear on what is being discussed.

**Test for consensus/Straw poll:** Thumbs up or down - to find degree of support and concerns of those opposed.

**Identification and addressing of concerns:** If consensus is not achieved, each dissenter presents his or her concerns on the proposal, potentially starting another round of discussion to address or clarify the concern.

**Modification of the proposal:** The proposal is amended, re-phrased in an attempt to address the concerns of the decision-makers. The process then returns to the call for consensus and the cycle is repeated until a satisfactory decision is made.

**Call for consensus:** The facilitator of the decision-making body calls for consensus on the proposal. Each member of the group usually must actively state their agreement with the proposal, often by using a hand gesture or raising a colored card, to avoid the group from interpreting silence or inaction as agreement. The decision reached by consensus takes into account the insights of all members. The process ensures that issues are fully aired and that all

members feel they have been adequately heard. Decisions are taken not simply because one more than 50% of members are in favor of a proposal, but because all agree to a way forward.

Some may feel that it's not necessarily their first option, but ALL can support it and commit themselves not to undermine the decision.

## **Consensus Based Decision Making – Response Choices**

**Assent:** This means that you support the proposal, all things considered. It may not mean that you are in agreement with every aspect, but that you have heard the discussion, have had a chance to participate in the process of finalizing the proposal, and are prepared to support the final proposal. Assent is signified by raising your area's table card and remaining silent.

**Assent with Reservations:** Group members who are willing to let a motion pass but desire to register their concerns with the group may choose "assent with reservations." If there are significant reservations about a motion, the decision-making body may choose to modify or reword the proposal. This option is not materially different from the assent option but is a way of giving addicts a place to stand when they do not need to object more strongly, but they want to note that they have reservations. Assent with Reservations by raising your hand and, when called on by the facilitator, simply saying "Assent with Reservations." The assumption is that the reservations have been heard already, and you are simply noting that you can support the proposal and continue to have these reservations.

**Stand Aside:** A "stand aside" may be registered by a group member who has a "serious personal disagreement" with a proposal but is willing to let the proposal pass. Although stand asides do not halt a proposal, it is often regarded as a strong "nay vote" and the concerns of group members standing aside are usually addressed by modifications to the proposal. Stand asides may also be registered by users who feel they are incapable of adequately understanding or participating in the proposal. Should there be a sizable number of Stand Asides (20% of the groups present), this will indicate a consensus too weak to adopt the proposal. The proposal is then either dropped or delegated to the maker of the proposal or an Ad Hoc Committee for reworking.

**Block:** Given that a proposal can be defeated by a sufficient number of Stand Asides, the Block should be an extremely rare step taken only when a participant honestly believes that one of the Traditions or Concepts is directly violated by this proposal or that some very fundamental moral position of the participant is violated. An addict who blocks must be able to articulate which Tradition or Concept or Spiritual principle fundamental to NA is violated by the proposal. Unanimity minus 20 % gives the ability of RCM's to actively block a decision.

## **COMMON TERMS/DEFINITIONS**

**Conference** – refers to the formal meeting of the Florida Regional Service Committee (FRSC) that occurs on the third Sunday of January, March, May, July, September and November each year.

**Facilitator** – title that describes the person who presides over all meetings of the FRSC, communicates w/ all Areas, guides CBDM and facilitates Sunday RSC business meeting,

**Co-Facilitator** – title that describes the person who performs task of facilitator in their absence, liaison between elected trusted servants and assist in communication between trusted servants, workgroups and members based on FRSC Guidelines. Keeps track of proposals.

**Human Resource Panel (HRP)** – describes the workgroup that collects Human Resource pool forms, maintains human resource records, assists in selection of the project participants and maintains/updates the Guide to Florida Regional Service as necessary.

**FD Leader** – title that describes who facilitates the Saturday morning and afternoon session of Fellowship Development Group at RSC weekend, reports the status of all current projects and suggests to HRP workgroup membership.

**FD Co-Leader** – Same responsibilities as Leader.

**Treasurer** – An individual that keeps an accurate record of all transactions, including receipts for income and disbursements. Prepares a financial report due at each RSC meeting, including a copy of the bank statement and quarterly reports. Disburses money as per group conscience of the RSC. Collects all donations from Groups, Areas, individuals or workgroups.

**Resource Coordinators** – title that describes individuals assigned specific tasks whereby they coordinate resources for a particular type of activity. Below is a list of approved resource coordinators

- **H&I Resource Coordinator** – coordinates resources for Hospitals and Institutions and Institution activities and events.
- **P.R. Resource Coordinator** – coordinate resources for Public Relations activities and events.
- **Corrections Coordinator** – coordinated resources for (DOC) Dept. of Corrections and (FBOP) Federal Bureau of Prisons.
- **I.T. Coordinator** – coordinates resources for all internet and related technologies.
- **Fellowship Development Session** – describes the session that meets on Saturday of RSC weekend and discusses, selects, determines and prioritizes projects to be accomplished by workgroups. This group is made up of members from the Florida Region.

**Secretary Team** – title that describes individuals who maintain the business of the Florida Region on the floor. Handles the regional reporting.

**Human Resource Pool Form** – describes the form used to gather current and accurate information about willing trusted servants who would like to participate in regional service.

**Workgroup** – describes a group of NA Members selected from the HRP Pool Forms to complete a project from start to finish.

**Roundtable Discussion** – describes one method used to arrive at a consensus decision during Fellowship Development.

**Straw Poll** – describes a simplified procedure used to test for consensus of all members in attendance.

**Area Support Group** - meeting held each Saturday of the Florida RSC facilitated by the Fellowship Development Leader and Co-Leader. All area and regional trusted servants are encouraged to participate and discuss issues and topics of interest to their areas, region, zone, or NAWS.

**Guide to Florida Regional Service Group** - meeting held each Saturday of the Florida RSC facilitated by a member of the Human Resource Panel. All RCM's and other regional trusted servants are participants. This group reviews and discusses pending proposals to assess their viability as it relates to the traditions and concepts and may make recommendations or propose modifications.

**Consensus Based Decision Making** - is a method in which a group of likeminded individuals come to a decision facing the group. It eliminates the need for voting, but, when an individual has an opposition, they may bring modifications to the group, and they may discuss the issue to come to a consensus-based decision.



## **HOW TO GET INVOLVED**

WE NEED YOU! We can't do this without you. How many times have you heard "service adds to your recovery"? You have the power to change and save lives.

Take 5 minutes, follow the links below and we promise, it will change your life.

To enroll in the Human Resource Pool, go to your browser and enter the website:

<http://naflorida.org/hrp-form>

The HRP Form can also be found on the right-hand column of the Home Page by clicking on the link:

[HRP Form](#)

Complete the form. Your form will be added to the Human Resources Pool for consideration of any current or upcoming projects. HRP will contact you in the event you are selected for a project.

## Contact List

### Regional Trusted Servants

Facilitator \_\_\_\_\_

Co-Facilitator \_\_\_\_\_

Secretary \_\_\_\_\_

Alt-Secretary \_\_\_\_\_

Treasurer \_\_\_\_\_

Alt-Treasurer \_\_\_\_\_

RD Regional Delegate \_\_\_\_\_

AD Alt Delegate \_\_\_\_\_

#### **Fellowship Development**

FD Leader \_\_\_\_\_

FD Co-Leader \_\_\_\_\_

H&I Coordinator \_\_\_\_\_

PR Coordinator \_\_\_\_\_

IT Coordinator \_\_\_\_\_

Corrections Coordinator \_\_\_\_\_

#### **Human Resource Panel**

HRP Leader \_\_\_\_\_

HRP Guide to FRS

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HRP Member 1

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HRP Member 2

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HRP Member 3

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**Florida Regional Convention Board (FRC)**

FRC President

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FRC Vice-President

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FRC CFO

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FRC Alt-CFO

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PR Coordinator

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**Regional Service Office (RSO)**

RSO President

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RSO Vice-President

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RSO Office Manager

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RSO Treasurer

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RSO Secretary

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RSO Office Worker

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<u>Name</u>	<u>Phone</u>	<u>Website</u>
<b>Alabama NW Florida Region</b>	866.985.0008	alnwfl.org
<b>Bahamas</b>	242.426.5245	naflorida.org/Bahamas
<b>Bay Area</b>	888.779.7117	bascna.org
<b>Bermuda (BIANA)</b>	441.293.0999	nabermuda.org
<b>Big Bend Area</b>	877.340.5096 850.224.2321	bigbendna.org
<b>Chain o Lakes</b>	877.782.7657	
<b>Coquina Coast</b>	800.478.9213	Coquinacoastna.org
<b>Daytona Beach Area</b>	844.344.3155	daytonana.org
<b>First Coast Area</b>	904.723.5683	Firstcaostna.org
<b>FL Regional Svc Off</b>	863.683.8224	floridarso.org
<b>Forest Area</b>	352.368.6061	forestareana.org
<b>Greater Orlando</b>	407.425.5157	orlandona.org
<b>Heartland Area</b>	863.683.0630	naflheartland.org
<b>Nature Coast Area</b>	352.508.1604	nanaturecoast.org
<b>Palm Coast Area</b>	561.848.6262	palmcoastna.org
<b>Recovery Coast Area</b>	727.842.2433	napasco.org
<b>River Coast Area</b>	352.707.2011	rivercoastna.org
<b>Serenity Coast Area</b>	904.358.6262	serenitycoastna.org
<b>South Florida Region</b>	866.288.6262	sfrna.org
<b>Southeastern Zonal Forum</b>		sezf.org
<b>Space Coast Area</b>	321.631.4357	spacecoastna.org
<b>Suncoast</b>	941.257.5055	Suncoastna.org
<b>Treasure Coast</b>	772.232.8676	Treasurecoastna.com