# Florida Regional Links

## naflorida.org

find resources, hotel booking links, updated minutes, submit an RCM report, events calendar, and much more.

#### frcna.com

Register and find up to date information about the upcoming Florida Regional Convention.

## floridarso.org

Purchase literature, IPs, key tags, medallions, and other recovery related items.

# FLORIDA Regional Service Conference ORIENTATION



Part I

What's going on this weekend?

Part II

How do I get involved?

# PART I

# **NOTES**

The purpose of this handout is to welcome new and returning attendees to the FRSC and to orient for what to expect during the weekend

Region is a two day process, Saturday the FDC (Fellowship Development Committee) and the FRC (Florida Regional Convention) Board meet. Enclosed is your welcome package and the agenda for both.

## **NOTES**


#### **INRODUCTION TO FLORIDA REGIONAL SERVICE**

#### **PURPOSE**

The purpose of regional services is to support the Areas and Groups in their primary purpose, by linking them together within the Region. Regional services assist Areas and Groups with issues and topics of interest to their areas and encourage the growth of the fellowship through Area Support Group meetings, project driven workgroups and consensus based decision making.

#### **VISION STATEMENT**

To better serve Areas, their member groups and individual addicts; to allow more widespread participation by more individual members; and to more fully utilize available human resources.

#### **DEFINITION**

Regional Service Committee (RSC) is a Committee made up of the RCM's from the Florida Region. This Service Committee is designed to provide service to its member Areas. An ASC and RSC are similar in nature and purpose, but their respective functions are slightly different. While an ASC serves the common needs of its member Groups,

#### The Florida Region serves three basic functions:

- The primary function of the RSC is to unify the Areas within the Region.
- The secondary function of the RSC is to carry the message of recovery through the actions of the Fellowship Development Group and its defined workgroups.
- The third function of the RSC is to contribute to the growth of NA both by initiating much of the work to be finalized at the World Service Conference and by helping our World Service.

The RSC Conference are held on the third Sunday of the following months: January, May, July, September, November and March in the even years. In the odd years, it will be held the fourth Sunday to facilitate the Southeastern Zonal Forum's attendance at the Florida Service Symposium. The RSC Conferences are to be held to a two day function. (No Friday Workgroups or group meetings or board meetings.) The RSC meeting shall not be held at any Recovery Weekend, Mini Convention, etc., or in the same area it is being held.

REGIONAL WEEKEND SCHEDULE		
Friday - Welcome		
9pm – 11pm	Recovery Meeting (suggested)	
Saturday - Recover	y Meeting	
7am – 8am	Just For Today (suggested)	
Saturday - Fellowsl	hip Development	
	odified as needed. All elected RSC Trusted nould be present at 9am.	
9am – 12:30pm	Orientation Overview of Fellowship Development	
	Area Support Group Individual areas address their concerns and/or develop an idea for a workgroup projects.	
12:30pm – 2pm	Lunch on own	
2pm – 4pm	Fellowship Development Group Ideas for workgroups. Presentation for Roundtable findings. Prioritize workgroup ideas (voted on by you on level of importance by roundtable discussion).	
VARIES	Workgroup Meetings, Subcommittee meetings, Presentations Individual workgroups may schedule meetings as necessary.	
Saturday - FRC Board and HRP		
10am – 4pm	FRCNA Board Meeting HRP Meeting and Interviews	

#### **Consensus Based Decision Making – Response Choices**

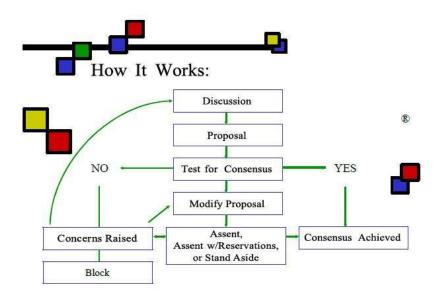
**Assent:** This means that you support the proposal, all things considered. It may not mean that you are in agreement with every aspect, but that you have heard the discussion, have had a chance to participate in the process of finalizing the proposal, and are prepared to support the final proposal. Assent is signified by raising your Area's table card and remaining silent.

Assent with Reservations: Group members who are willing to let a motion pass but desire to register their concerns with the group may choose "assent with reservations." If there are significant reservations about a motion, the decision-making body may choose to modify or re-word the proposal. This option is not materially different from the assent option but is a way of giving addicts a place to stand when they do not need to object more strongly, but they want to note that they have reservations. Assent with Reservations by raising your hand and, when called on by the facilitator, simply saying "Assent with Reservations." The assumption is that the reservations have been heard already, and you are simply noting that you can support the proposal and continue to have these reservations.

**Stand Aside:** A "stand aside" may be registered by a group member who has a "serious personal disagreement" with a proposal, but is willing to let the proposal pass. Although stand asides do not halt a proposal, it is often regarded as a strong "nay vote" and the concerns of group members standing aside are usually addressed by modifications to the proposal. Stand asides may also be registered by users who feel they are incapable of adequately understanding or participating in the proposal. Should there be a sizable number of Stand Asides (20% of the groups present), this will indicate a consensus too weak to adopt the proposal. The proposal is then either dropped or delegated to the maker of the proposal or an Ad Hoc Committee for reworking.

**Block:** Given that a proposal can be defeated by a sufficient number of Stand Asides, the Block should be an extremely rare step taken only when a participant honestly believes that one of the Traditions or Concepts is directly violated by this proposal or that some very fundamental moral position of the participant is violated. An addict who blocks must be able to articulate which Tradition or Concept or Spiritual principle fundamental to NA is violated by the proposal. Unanimity minus 20 % gives the ability of RCM's to actively block a decision.

#### **Process Flow of Consensus Based Decision Making (CBDM)**



**Discussion of the item:** Discussion takes place here as well as in your home groups or over coffee. The item is discussed with the goal of identifying opinions and information on the topic at hand. The general direction of the group and potential proposals for action are often identified during the discussion.

**Formation of a proposal:** Based on the discussion, a formal decision proposal on the issue is presented to the group. It should be written down and projected so we're clear on what is being discussed.

**Test for consensus/Straw poll:** Thumbs up or down - to find degree of support and concerns of those opposed.

**Identification and addressing of concerns:** If consensus is not achieved, each dissenter presents his or her concerns on the proposal, potentially starting another round of discussion to address or clarify the concern.

**Modification of the proposal:** The proposal is amended, re-phrased in an attempt to address the concerns of the decision-makers. The process then returns to the call for consensus and the cycle is repeated until a satisfactory decision is made.

Call for consensus: The facilitator of the decision-making body calls for consensus on the proposal. Each member of the group usually must actively state their agreement with the proposal, often by using a hand gesture or raising a colored card, to avoid the group from interpreting silence or inaction as agreement. The decision reached by consensus takes into account the insights of all members. The process ensures that issues are fully aired and that all members feel they have been adequately heard. Decisions are taken not simply because one more than 50% of members are in favor of a proposal, but because all agree to a way forward. Some may feel that it's not necessarily their first option, but ALL can support it and commit themselves not to undermine the decision.

# REGIONAL WEEKEND SCHEDULE **Saturday - RSC Administrative Meeting** Administrative Meeting (as necessary) 8am **Saturday - RSC GTFRS Meeting (All RCM's attend)** Guide to Florida Regional Service Group 4pm - 5pm**Saturday - Communication Meeting** Fellowship Development / HRP 5pm - 6pmSaturday - Evening 5:30pm - 8:30pmDinner on own Recovery Meeting (Speaker) 8:30pm - 9:30pm9:30pm - 12amActivity / Event TBD **Sunday - Recovery Meeting** Just For Today (suggested) 7am - 8am**Sunday - Florida Regional Service Conference** Florida Regional Service Conference 9am - \*\*

<sup>\*</sup>This schedule occurs in January, May, July, September and November. March, in odd years is reserved for the Florida Service Symposium (Thursday, Friday and Saturday). March, in even years is reserved for the GSR Assembly (Friday & Saturday).

<sup>\*\*</sup>The discretion of the facilitator in consideration of contracts and the FRSC conscience.

#### **COMMON TERMS/DEFINITIONS**

**Conference** – refers to the formal meeting of the Florida Regional Service Committee (FRSC) that occurs on the third Sunday of January, March, May, July, September and November each year.

**Facilitator** – title that describes the person whom presides over all meetings of the FRSC, communicates w/ all Areas, guides CBDM and facilitates Sunday RSC business meeting,

**Co-Facilitator** – title that describes the person whom performs task of facilitator is their absence, liaison between elected trusted servants and assist in communication between trusted servants, workgroups and members based on FRSC Guidelines. Keeps tracks of proposals.

**Human Resource Panel (HRP)** – describes the workgroup that collects Human Resource pool forms, maintains human resource records, assist in selection of the project participants and maintains/updates the Guide to Florida Regional Service as necessary.

**FD** Leader – title that describes who facilitates the Saturday morning and afternoon session of Fellowship Development Group at RSC weekend, reports the status of all current projects and suggest to HRP workgroup membership.

**FD Co-Leader** – Same responsibilities as Leader.

**Resource Coordinators** – title that describes individuals assigned specific task whereby they coordinate resources for a particular type of activity. Below are a list of approved resource coordinators

- **H&I Resource Coordinator** coordinates resources for Hospitals and Institutions and Institution activities and events.
- P.R. Resource Coordinator coordinate resources for Public Relations activities and events.
- **Corrections Coordinator** coordinated resources for (DOC) Dept. of Corrections and (FBOP) Federal Bureau of Prisons.
- I.T. Coordinator coordinates resources for all internet and related technologies.

- Individual areas address their area's concerns (can develop into an idea for a roundtable discussion by YOU).
- Ideas are discussed after breaking into roundtables (YOU comprise the roundtables)
- Presentation to all by **YOU** of the roundtable findings regarding each of the ideas discussed.
- Prioritize workgroup development (voted on by **YOU** based on level on importance.
- Top three ideas become Workgroups for further discussion.

Register with Human Resources Panel (HRP) and be assigned to a Workgroup to further discuss the ideas **YOU** voted on.

(Fellowship Development tries to only work on 5 Active groups at a time, while other groups go into the queue.)

## BECOME A PART OF THE SOLUTION

# <u>PART II</u>

# How do I get involved?

 Attend the Saturday morning session of Fellowship Development.

**Time:** 9:00 A.M.

This is what takes place over FRSC (Florida Regional Service Committee weekend):

#### **COMMON TERMS/DEFINITIONS**

**Fellowship Development Session** – describes the session that meets Saturday of RSC weekend and discusses, selects, determines and prioritizes projects to be accomplished by workgroups. This group is made up of members of the Florida Region.

**Secretary Team** – title that describes individuals who maintain the business of the Florida Region on the floor. Handles the regional reporting.

**Human Resource Pool Form** – describes the form used to gather current and accurate information about willing trusted servants who would like to participate in regional service.

**Workgroup** – describes a group of NA Members selected from the HRP Pool Forms to complete a project from start to finish.

**Roundtable Discussion** – describes one method used to arrive at a consensus decision during Fellowship Development.

**Straw Poll** – describes a simplified procedure used to test for consensus of all members in attendance.

**Area Support Group** - meeting held each Saturday of the Florida RSC facilitated by the Fellowship Development Leader and Co-Leader. All area and regional trusted servants are encouraged to participate and discuss issues and topics of interest to their areas, region, zone, or NAWS.

Guide to Florida Regional Service Group - meeting held each Saturday of the Florida RSC facilitated by a member of the Human Resource Panel. All RCM's and other regional trusted servants are participants. This group reviews and discusses pending proposals to assess their viability as it relates to the traditions and concepts and may make recommendations or propose modifications.

Consensus Based Decision Making - is a method in which a group of likeminded individuals come to a decision facing the group. It eliminates the need for voting, but, when an individual has an opposition, they may bring modifications to the group, and they may discuss the issue to come to a consensus based decision.

<u>Name</u>	<b>Phone</b>	<u>Website</u>
Alabama NW Florida	866.985.0008	alnwfl.org
Region		
Bahamas	242.426.5245	naflorida.org/bahamas
Bay Area	888.779.7117	bascna.org
St Petersburg		
Clearwater		
Pinellas County		
Bermuda (BIANA)	441.293.0999	nabermuda.com
Big Bend Area	877.340.5096	bigbendna.org
_	850.224.2321	
Tallahassee		
Daytona Beach Area	844.344.3155	daytonana.org
Ormond		
Holly Hill		
Port Orange		
New Smyrna Beach		
Edgewater		
Flagler Beach		
Palm Coast		
Deland		
Orange City		
Deltona		
First Coast Area	904.723.5683	Firstcaostna.org
Jacksonville		
Jacksonville Beach		
Fernandina Beach		
MacClenny		
Orange Park		
Middleburg		
Green Cove Springs		
Palatka	060 600 000 :	CI . I
FL Regional Svc Off	863.683.8224	floridarso.org
Forest Area	352.368.6061	forestna.org
Ocala		
Belleview		
Dunnellon		
Eustis		
Leesburg		
Tavares		

# **Human Resources Panel** HRP Leader HRP Guide to FRS HRP Member 1 HRP Member 2 HRP Member 3 Florida Regional Convention Board (FRC) FRC President FRC Vice-President FRC CFO FRC Alt-CFO **Regional Service Office (RSO)** RSO President RSO Vice-President RSO Office Mgr RSO Treasurer **RSO Secretary** RSO Office Worker AREA RCM's as needed

The following are the Florida Region service positions. It might be helpful to you to fill in the contact information with those currently holding those service positions. Ask questions about their roles and responsibilities to their trusted service position and questions regarding FRSC. You will learn a lot about what happens at Region and get to know some great people.

# **Contact List**

# Regional Trusted Servants

Facilitator	
Co-Facilitator	
Secretary	
Alt-Secretary	
Treasurer	
Alt-Treasurer	
RD Regional Delegate	
AD Alt Delegate	
J	
Fellowship Develo	
-	
Fellowship Develo	
Fellowship Develo	
Fellowship Develor FD Leader FD Co-Leader	
Fellowship Develor FD Leader FD Co-Leader H&I Coordinator	

<u>Name</u>	<b>Phone</b>	Website
Greater Orlando	407.425.5157	orlandona.org
Longwood		
Sanford		
Casselberry		
Altamonte Springs		
Kissimmee		
Heartland Area	863.683.0630	naflheartland.org
Lakeland		
Polk County		
Highlands County		
Hardee County		
Zephyrhills		
East Pasco County		
Nature Coast Area	352.508.1604	naturecoastna.org
Palm Coast Area	561.848.6262	palmcoastna.org
West Palm Beach		
Recovery Coast Area	727.842.2433	napasco.org
River Coast Area	352.754.7200	rivercoastna.org
Hernando County		
Serenity Coast Area	904.358.6262	serenitycoastna.org
Jacksonville		
Jacksonville Beach		
Mandarin		
Middleburg		
Orange Park		
St Augustine		
South Florida Region	866.288.6262	sfrna.org
Southeastern Zonal		sezf.org
Forum		
Space Coast Area	321.631.4357	spacecoastna.org
Cocoa		
Cocoa Beach		
Indianlantic		
Melbourne		
Merritt Island		
Palm Bay		
Port St John		
Rockledge		
Satellite Beach		
Sebastian		
Suntree		
Titusville		

<u>Name</u>	<b>Phone</b>	<u>Website</u>
Suncoast Area	941.257.5055	suncoastna.org
Sarasota		
Bradenton		
Tampa Funcoast Area	813.879.4357	tampa-na.org
Hillsborough County		
Tampa		
Brandon		
Lutz		
Riverview		
Ruskin		
Treasure Coast Area	772.905.4409	treasurecoastareana.com
Fort Pierce		
Port St Lucie		
Stuart		
Okeechobee		
Vero Beach		
Trindad & Tobago Area		
Uncoast Area	352.376.8008	uncoastna.org
	866.352.5323	
Alachua		
Branford		
Chiefland		
Gainesville		
High Springs		
Lake City		
Live Oak		
Newberry		
Trina		

# **HRP Enrollment Form**

WE NEED YOU! We can't do this without you. How many times have you heard "service adds to your recovery"? You have the power to change and save lives.

Take 5 minutes, follow the links below and we promise, it will change your life.

To enroll in the Human Resource Pool go to your browser and enter the website:

http://naflorida.org/hrp-form

The HRP Form can also be found on the right hand column of the Home Page by clicking on the link:

### HRP Form

Complete the form. Your form will be added to the Human Resources Pool for consideration of any current or upcoming projects. HRP will contact you in the event you are selected for a project.